COURT PREPARATION CHECKLIST

TASK	COMPLETED
1) Review Local Court Rules	
a. Help your client find the local court rules for the county where the case will be heard. The local court rules will tell your client important information, such as what they must give the court and the other party before the hearing. <i>Most local court</i> <i>rules can be found on-line. The easiest way to find local</i> <i>court rules is to google the county name where the case is</i> <i>being heard and "local court rules." For example, if your</i> <i>client lives in Contra Costa, google "Contra Costa local court</i> <i>rules."</i>	
 b. You can also help your client contact the court to see whether the court provides copies of local court rules for individuals who do not have attorneys. 	
c. Help your client review the local court rules for Family Law Matters. These rules sometimes refer to other local rules, such as Civil Matter rules, that might have to be reviewed.	
 d. Help your client make a chart of what rules apply to their case and any court deadlines that they must meet. <u>Link to</u> <u>Sample Local Court Rules Chart.</u> 	
2) Make Arrangements with the Court Before the Hearing Date	
 a. Help you client decide whether they want to have an in- person or remote hearing. 	
 If you client wants a remote hearing, they must fill out a form. Help you client fill out this form, 	
b. Contact court to see if a court reporter is available.	
c. Arrange for a court reporter for the hearing date.	
d. Ask the court if your client is allowed to bring and use a tape recorder or other recording device, <i>if necessary</i> .	
e. Arrange for someone to take notes during the hearing.	
f. Address language barrier issues:	
1. Does your client or a witness need an interpreter?	
2. If so, has an interpreter been arranged with the court?	
Gathering and Organizing Exhibits (Documents)	

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for the court, and one for the other party. g. Create an Exhibit List for the Trial Binder. Link to Sample Exhibit List for Trial Binder.	
Exhibit List for Trial Binder	
1. Make sure the Exhibits are in the same order for each	
binder.	
2. Include the Exhibit List in the binders. The Exhibit List	
should be placed in the front of the binder.	
h. Help client practice what they will say about each exhibit or	
document. This is called an "offer of proof."	
1. Your client should be able to answer the five "W"	
questions for each exhibit: who, what, where, when, and	
why.	
i. Help client practice admitting or placing the exhibit into	
evidence: "I'd like exhibit to be placed into evidence."	
3) Witness Preparation	
a. If the hearing is being held in-person, help your client ask	
witnesses if they need help with transportation or directions	
to courthouse.	
b. If the hearing is being held remotely, help your client ask	
witnesses if they have a computer or phone that they can use	
for the hearing and if they have internet access. If a witness	
does not have a computer or phone or does not have	
internet, help your client brainstorm other places the witness	
could go to use a computer.	
c. Help your client make reminder calls to witnesses. ("Will you	
be able to come to the hearing? You are very important.")	
d. Help you client remind witnesses that they may have to wait	
outside the courtroom (if the case is being heard in-person)	
or in a "virtual waiting room" (if the case is being heard	
remotely).	
e. Help you client remind witnesses that they may be waiting for	
a long time before they talk to the judge.	
f. Help your client prepare a 1-3 sentence statement about	
what each witness will testify about. Your client will use this	
to explain why the judge should hear from the witness.	
1. For example: "My neighbor is going to testify that on	
December 25, 2021 she heard arguing, and the sounds	

		apartments, several times. She will talk about a written	
		complaint she made about it on the December 27, 2021	
		which I will ask be part of the evidence in this case."	
	g.	Help your client write out the questions that they want to ask	
		each witness, or a list of things they want to have the witness	
		tell the judge.	
	h.	Help you client write out questions that your client wants to	
		ask the other party, and the other party's witnesses.	
		1. Remind your client that a witness can only testify to what	
		they have "personal knowledge" of - what they saw,	
		heard, felt, touched, or smelled.	
4)	Cli	ent Preparation	
	a.	Discuss with your client how the court experience might	
		trigger post-traumatic stress and ways your client might deal	
		with this stress.	
		1. For example, your client might decide to hold a rock or	
		other item to help keep them calm or take a deep breathe	
		and pause if they find themselves feeling overwhelmed or	
		stressed.	
		2. As a reminder, your client may ask the judge for a	
		moment to re-center themselves if they are struggling due	
		to PTSD in court. For example, 'You honor, may I just	
		have a moment before continuing."	
	b.	Suggest that your client attends other court hearings so they	
		can see what it may be like.	
		1. If your client wants to see a court hearing, help your client	
		call the courthouse to find out when and where they take	
		place.	
	C.	Help your client create a timeline for the major events in the	
1		case. (For example, in a restraining order case, help your	
		client list out – with dates if possible – incidents of abuse.)	
	d.	Practice, practice! Have your client practice what	
		they want to tell the judge and the questions the want to ask	
		witnesses.	
5)	Sa	fety Plan with Client	
	a.	Make a safety plan for meeting with your client and other	
		witnesses at the courthouse, if the hearing is in-person.	
	b.	Make a safety plan for how your client and witnesses will	
		leave the courthouse, if the hearing is in-person.	
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1. You can ask the court to excuse your client first and keep	
the opposing party for a few minutes to give your client	
time to leave. You can also ask a deputy or marshal to	
escort your client out of the courthouse.	
c. Make a safety plan for after the hearing. It is not uncommon	
for someone that is abusive to commit acts of abuse after a	
hearing, particularly if they lose the hearing. After court, ask	
your client how they think opposing side will respond and	
create a safety plan around their answers. Your client, for	
example, might decide to stay at a family member's or	
friend's house for several nights after the hearing.	
6) Other Potential Action Steps	
a. Help your client write a request for a Statement of Decision.	
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